

# FOOD ALLERGIES IN THE U.S.

**15 MILLION**

Americans have food allergy,  
a serious medical condition.



People can be allergic to  
any food, but there are

**8 FOODS THAT CAUSE  
THE MOST REACTIONS.**



Milk



Eggs



Peanut



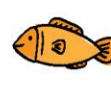
Tree Nuts



Soy



Wheat



Fish



Shellfish

Reactions can range from a mild response to **anaphylaxis**, a severe and potentially deadly reaction.

**Every 3 minutes** a food allergy  
reaction sends someone to the **ER.**



The number of people who have the disease is growing,  
increasing **50% among children** between **1997 and 2011.**

It now affects  
**1 IN 13**  
children



There is **no cure for food allergy**, but scientists are working to find  
treatments to prevent life-threatening reactions.



You can help make the world a safer place for  
those with food allergies.

If you have questions or would like more information about food allergies, please  
feel free to contact **Nashoba Food Allergy Education & Awareness** at  
[nashobafoodallergy@gmail.com](mailto:nashobafoodallergy@gmail.com).

**\*Members of:**



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